

# **USA Gymnastics Trampoline & Tumbling**

## **Region IV**

### **Athlete Clinic**

**October 18-19, 2008**

**Scamps Gymnastics**

**Kenosha, WI.**



# USA Gymnastics Trampoline & Tumbling Region IV Clinic 2008 Athlete Clinic

**Date:** October 18-19, 2008

**Venue:** Scamps Gymnastics  
5711-77<sup>th</sup> Street  
Kenosha, WI. 53142  
262-694-0805

**Host:** USA Gymnastics Trampoline & Tumbling Region IV

**Hotel Info:**

Hawthorn Suites  
7889-94<sup>th</sup> Ave.  
262-942-6000

Country Inn  
I-94 & Hwy 50  
262-857-3680

Best Western  
I-94 & Hwy 50  
262-857-7699

Baymont Inn  
I-94 & 50  
262-857-7911

Quality Inn  
I-94 & 50  
262-857-3450

**Schedule:** The athlete clinic will begin Saturday afternoon at 12:00 p.m. It will run until 6:30 p.m. Saturday. The clinic will be finished by 2:30 p.m. Sunday.

**Funds:** All checks must be received with registration forms by the deadline, Saturday Sept. 27, 2008

**Payable To:** Scamp's Gymnastics

**Mail To:** Scamp's Gymnastics  
C/O Kevin Kamin  
5711-77<sup>th</sup> Street  
Kenosha, WI. 53142

**Entry Fees:** Athlete Clinic - \$30.00 first session, \$25.00 second Session, \$20.00 third session, each additional session will be \$5.00 off previous price  
Coaches Observation - \$25.00

**Entry  
Deadline:**

**Saturday September 27, 2008**

**Eligible**

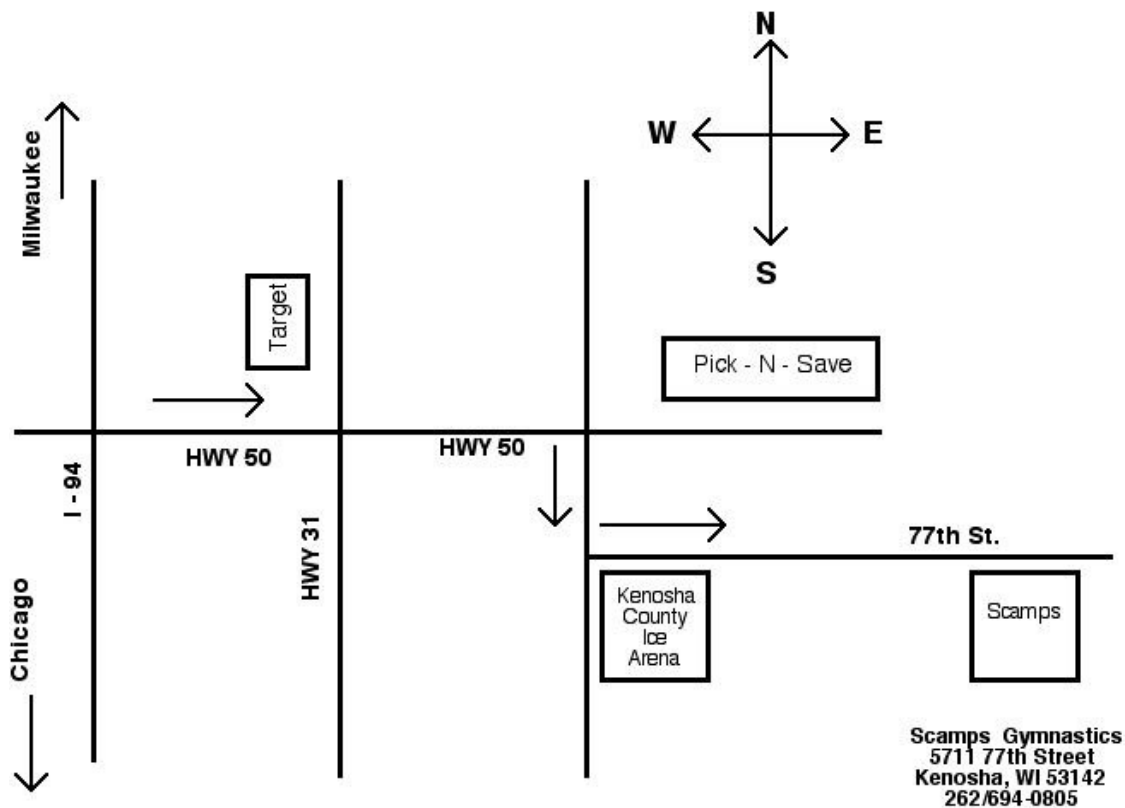
**Athletes:**

Athletes must be Level 5 or higher to participate in the clinic. All athletes must have current USAG membership in order to participate.

**Equipment:**

- 84 ft rod floor with 32 ft of runway into resi mat if desired or landing area
- Tumble Track into resi pit or resi mat
- Euro Double-Mini with regulation landing zone
- 5 Trampolines either Aussie frame or Elite Frame
- 4 Aussie bed trampolines with Russian Trampoline
- 1 Euro bed

**Directions:**



**Questions:**

Contact Kevin Kamin at [kkamin@wi.rr.com](mailto:kkamin@wi.rr.com)

# **Athlete Clinic Information**

## **Clinicians**

### **Dr. George Drew**

George has been the USAG T&T team physician for the last seven years. He was named to the 2005 & 2006 & 2007 National Coaching Staff as DMT coach. He served as the USA National Coach at both the World Championships and World Age Groups. In addition to coaching locally, he interacts with the National Team as Chairman for the USAG T&T Scholarship and Athlete Support Committees.

### **Justen Millerbernd**

Justen has an outstanding personality that makes learning and training fun for all athletes of all ages and levels. Not only is he a FIG brevet judge in all 3 events, he was also nominated for the 2008 Elite Tumbling coach of the year. He was the 2003 World Age Group Coach and has produced athletes such as Kalon Ludvigson and Brittany Dirks. He has put 6 athletes on our USA National Team.

### **Will Green**

Will has a wonderful overall view of the technical aspect of Trampoline which allows athletes to recognize how fun trampoline can be. He is the head coach of Acrospirit T&T. In 2007 he was the World Age Group Coach on Trampoline. From 1998 to the present, he has coached over 40 level 10 and up National Champions. Will has coached over 10 International Medalists. Will is a clinician who will get you so involved with Trampoline you will be jumping to reach the stars.

## **Athlete Clinic Schedule**

### **Saturday, October 11, 2008**

Warm-up 12:00-12:20

Session 1 12:20-1:50

Session 2 1:50-3:20

Session 3 3:20-4:50

Session 4 4:50-6:20

### **Sunday, October 12, 2008**

Warm-up 8:00-8:20a.m.

Session 5 8:20-9:50a.m.

Session 6 9:50-11:20 a.m.

Session 7 11:20-12:50p.m.

Session 8 12:50-2:20

# Athlete Clinic Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ E-Mail \_\_\_\_\_

Phone Number \_\_\_\_\_ USAG # \_\_\_\_\_

Levels Competed in 2008: TU\_\_\_\_ TR\_\_\_\_ DM\_\_\_\_

**Athletes must be able to do back handsprings and front tucks to be eligible to attend clinics.**

Sessions you are requesting: **EACH ATHLETE MAY ONLY REGISTER FOR 6 SESSION TO START. IF ROOM IS AVAILABLE IN MORE SESSIONS LATER THEY MAY BE ADDED TO MORE.**

\_\_\_\_\_  
\_\_\_\_\_

Amount Included \_\_\_\_\_

You will be notified if the sessions you requested are already filled and a change needs to happen.

**Please mail all registration forms and checks to the address below by the deadline date of September 27, 2008.**

**Remember to register early to make sure you get the session times that you requested. Session will be filled on a first come, first serve basis.**

**Mail to:** Scamp's Gymnastics  
C/O Kevin Kamin  
5711-77<sup>th</sup> Street  
Kenosha, WI. 53142